



HEALTHWAYS
701 Cool Springs Blvd.
Franklin, TN 37067



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123 Main Street
Anytown, NA 12345-1234


May 23, 2012

State of Ohio Employee:

Beginning July 1, 2012 employees and their dependents who participate in the *Take Charge! Live Well!* program for diabetes will experience some program enhancements.

1. Participants will have more options in filling their free diabetic supplies.
 - Liberty Medical will no longer be a supplier for diabetic supplies.
 - Participants will be able to fill their prescriptions at in-network retail pharmacies in either a 30-day or 90-day supply. Employees are encouraged to contact their pharmacy to determine if there is a 90-day supply program and what supplies are offered.
 - In addition, participants will be able to obtain diabetic supplies through the Catalyst Rx Immediate Pharmaceutical Services (IPS) mail-order pharmacy for a 90 day supply. IPS can be reached at 1-866-854-8850.
2. Participants will no longer be required to participate in health coaching in order to receive the free diabetic supplies and medications. You now can qualify for free diabetic supplies if you have had at least one A1C test in the past 12 months.
 - Participants who are in the coaching program as of June 30 will continue to be eligible for free supplies and will have a 6 month grace period to have the Hemoglobin A1c test. Starting January 1, 2013, you will need to have had at least one A1C test in the past 12 months to be eligible for free diabetic supplies and medications.

Since it may **take up to 90+ days, from the date of the A1C test, for the results to be sent to Healthways, you should schedule to take your A1C test no later than end of September.**

3. In order to prepare for this change, participants in the *Take Charge! Live Well!* Free diabetic supply program should take the following steps:
 - Obtain new prescriptions for your diabetic supplies from your health care provider prior to July 1 unless your current supplies will last beyond that date. Employees also have the option of transferring their prescription from Liberty Medical to their preferred retail pharmacy.
 - Check with Catalyst Rx IPS mail-order pharmacy at 1.866.854.8850 or your retail pharmacy to make sure they can provide the supplies you are currently using.
 - Do not order supplies from Liberty Medical after June 25. (Liberty Medical will no longer be a provider under the program effective July 1)
 - Employees should contact their preferred retail provider or Catalyst Rx IPS mail-order pharmacy to determine what supplies are available.

Beginning July 1, you can find out if you qualify for these benefits or if you have additional questions, by contacting Healthways at 1-866-556-2288. For information before July 1, please go to the *Take Charge! Live Well!* website at www.ohio.gov/tclw.



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