

Take Charge! Live Well!

How to Order Your Rewards Cards



Rewards Overview

You can earn rewards by participating in several components of the *Take Charge! Live Well!* program. Employees and spouses covered under a State of Ohio medical plan are eligible to earn rewards. Both employee and spouse can earn up to \$350 each for participating, each program year.

The first step in earning rewards is to assess your health. By participating in an on-site biometric screening or by completing a Physician Form with your doctor, you can earn \$75. Completing the Well-Being 5 Survey is worth \$50. If you complete both of these items by Nov. 30, 2016, you will then earn a \$25 bonus. Please note, completed Physician Forms must be **received** by the November 30th deadline to be eligible for the \$25 bonus.

After assessing your health, you can then decide which route you want go to take action: either the Coaching Pathway or the Online Pathway. While you are welcome to participate in both, you will only earn the remaining \$200 reward for completing one. To earn the coaching reward, you must complete four coaching sessions over the phone, as well as complete the Well-Being 5 survey and a biometric screening. The other option would be to work at your own pace by completing the Online Pathway. With this, you must complete the Well-Being 5 survey before completing five of the nine online tools listed on the next slide, 10 times each. These tools include a variety of trackers, view/read/listen to resources, journal entries or action items. All of these tools are available in Well-Being Connect.

Reward cards are considered taxable compensation. The taxes on the amount of your incentive will be deducted from your paycheck. The employee will also be taxed on their paycheck if a spouse requests a reward card. The reward card amounts are added to the taxable gross income on your check and a flat rate tax is applied since it is considered an award. Flat rate tax runs approximately 25 percent for federal and 3.5 percent state. You will be taxed on your reward after you have redeemed your reward points and requested a reward card. Your reward will appear as **TCLW CC AW** (*Take Charge! Live Well!* credit card award).



Rewards Overview

1. Assess your health and earn up to \$150.

- Complete your biometric screening through an on-site screening or through your physician.* **Earn \$75;**
- Complete your Well-Being 5 survey: **Earn \$50; and**
- **BONUS:** Submit BOTH by Nov. 30: **Earn an additional \$25.**

2. Take action and earn \$200 - It's your choice!

- Complete the **Coaching Pathway: Earn \$200**
- OR -
- Complete the **Online Pathway: Earn \$200**

>> COACHING PATHWAY

- Complete four phone coaching sessions.*

Prerequisite: Well-Being 5 survey and biometric screening must be completed before earning an incentive for the Coaching Pathway.

*Enrollment calls do not count towards the four call minimum.

OR

>> ONLINE PATHWAY

- Choose at least five of these nine online tools to help you achieve your wellness goals.

Each of the five on-line tools you choose must be completed at least 10 times.

- **Trackers:** Exercise, Food, Servings, Weight, Steps, Medication
- **View/Read/Listen** to online resources like articles and videos
- **Journal** keep track of your success
- **Action Items** – assigned within a certain focus area or by a personal health coach

*Please note, the completed Physician Form must be received by Nov. 30 to be eligible for the \$25 bonus reward

Ordering Rewards Cards

To redeem points for gift cards, select the **Redeem Points** button in the Well-Being Connect **Rewards Center** tab, as shown below.

The screenshot shows the 'Rewards Center' interface. At the top, there is a banner with a red ribbon and the text 'Rewards Center'. Below this, there are two tabs: 'Earn Rewards' and 'Reward History'. The 'Earn Rewards' tab is active, showing a list of activities with columns for 'What I Can Do', 'What I Can Earn', and 'My Progress'. The activities listed are 'Coaching Pathway' (200 PTS), 'Complete Biometric Screening' (75 PTS), and 'Complete Well-Being Assessment' (50 PTS). On the right side of the interface, there is a 'Reward Earning Period' section (July 01 - June 30) and a 'Reward Balances' section showing '0 Points'. A red box highlights the 'Redeem Points' button in the 'Reward Balances' section.

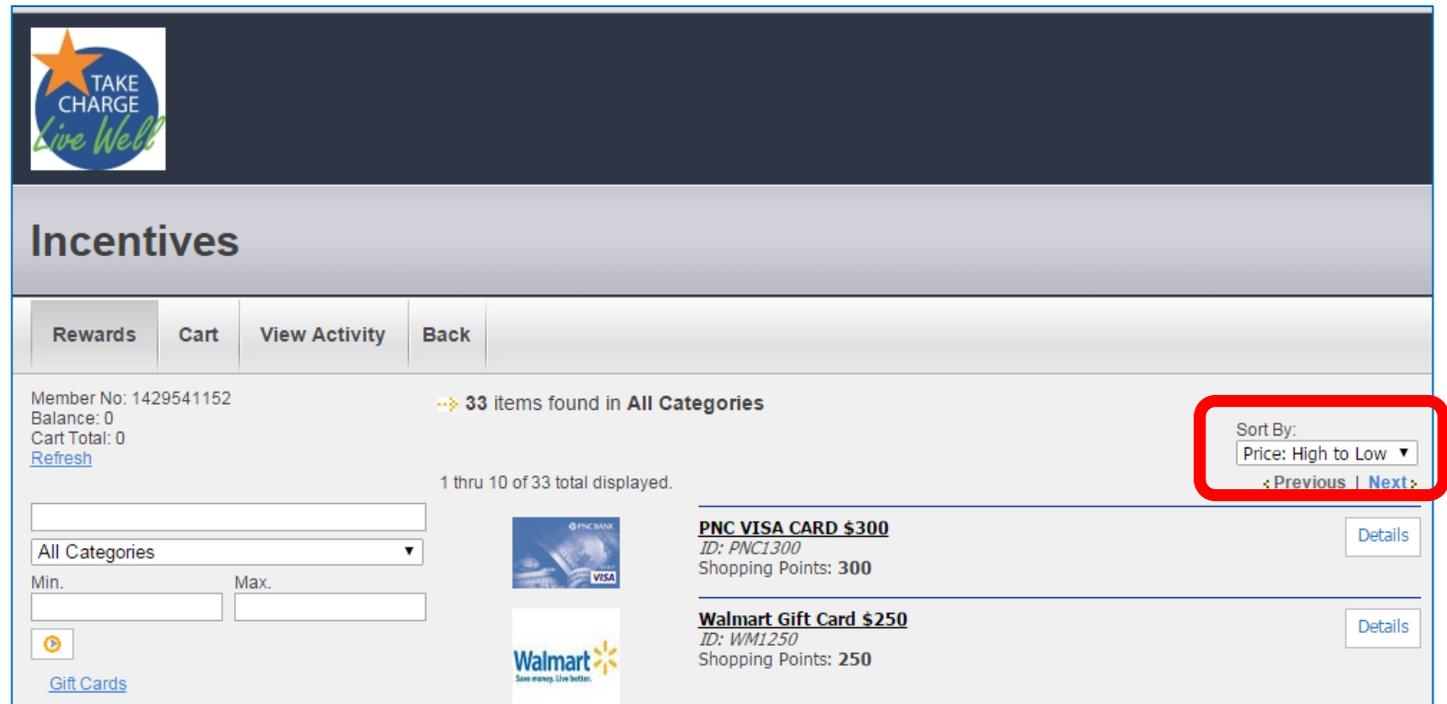
What I Can Do	What I Can Earn	My Progress
+ Coaching Pathway	200 PTS	
+ Complete Biometric Screening	75 PTS	
+ Complete Well-Being Assessment	50 PTS	

Ordering Reward Cards

After selecting **Redeem Points**, you will be directed to the reward card order page.

Here, you can view all reward cards that are available through the *Take Charge! Live Well!* program. Reward card options include Visa and national brand retailers such as Walmart. Please be advised that non-Visa reward cards cannot be replaced if lost or stolen.

To order your card(s), select the preferred reward card by clicking on the name and appropriate amount, Add to Cart, and enter shipping information.

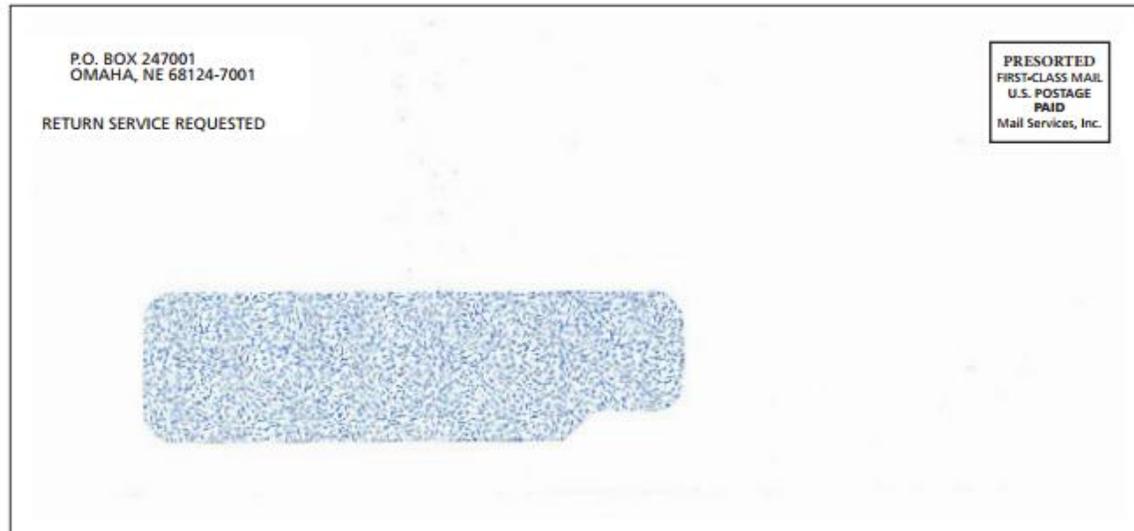


The screenshot displays the 'Incentives' page of the 'Take Charge! Live Well!' program. The page features a navigation bar with 'Rewards', 'Cart', 'View Activity', and 'Back' tabs. Below the navigation bar, the user's member information is shown: Member No: 1429541152, Balance: 0, and Cart Total: 0. A 'Refresh' button is also present. The page indicates that 33 items are found in 'All Categories' and shows '1 thru 10 of 33 total displayed'. A 'Sort By' dropdown menu is highlighted with a red box, showing 'Price: High to Low' as the selected option. Below the sort menu, two reward cards are listed: a 'PNC VISA CARD \$300' and a 'Walmart Gift Card \$250'. Each card has a 'Details' button next to it. The PNC Visa Card details include ID: PNC1300 and Shopping Points: 300. The Walmart Gift Card details include ID: WMI250 and Shopping Points: 250. The Walmart logo is also visible at the bottom of the page.

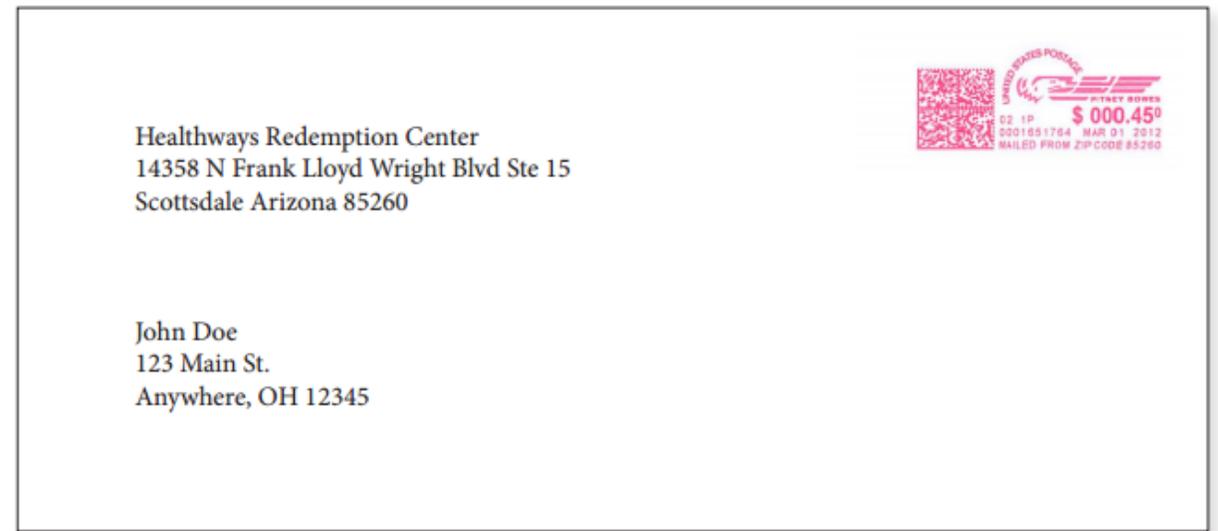
Rewards Cards

Allow two to three weeks for delivery from time of order

Envelope for PNC Gift Cards



Envelope for Non-PNC Gift Cards



Any points that are not redeemed by June 30, 2017, will automatically be sent in the form of a PNC Visa reward card to the member's address listed in OAKS or in Well-Being Connect.



THANK YOU!

For questions or further assistance, please call customer service at 1-866-556-2288 or visit ohio.gov/tclw.

