



SHINE A LIGHT ON YOUR WELLNESS REWARDS



What you can earn:

You can receive up to \$350 for participating in *Take Charge! Live Well!* activities.

How it works:

- 1. Assess your well-being and earn up to \$150.**
 - \$100 for completing a biometric screening
 - \$50 for completing the Well-Being 5[®] survey
- 2. Participate in well-being improvement activities and earn up to \$200 more. Mix and match these programs as you like to earn your rewards the way you want.**
 - \$50 per health coaching call
 - \$50 for each well-being challenge when you meet the active participation requirement
 - \$50 for each online lesson you complete of the Financial Well-Being[™] program, powered by Dave Ramsey

More details:

- All rewards-eligible activity must be completed prior to **June 30, 2019**.
- Reward cards are considered taxable compensation. The taxes on the amount of your incentive will be deducted from your paycheck.
- The active participation requirement is different for each challenge.

Take Charge! Live Well!

ohio.gov/tclw • 1-866-556-2288

(Mon - Fri: 8 a.m. – midnight ET • Sat: 8 a.m. – 9 p.m. ET)



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